

# NHM 518: Maternal, Child, & Adolescent Nutrition

## [Nutrition & Hospitality Management](#)

Principles of human nutrition applied to pregnancy and the infant/child and adolescent stages of the life cycle. Characteristics of normal growth and development are presented as well as special needs and problems.

Prerequisite requirement for this course may also be satisfied by equivalent course work as approved by the department.

3 Credits

### Prerequisites

- Prerequisite: NHM 311 or NHM 511

### Instruction Type(s)

- Lecture: Lecture for NHM 518
- Lecture: Web-based Lecture for NHM 518

### Subject Areas

- [Foods, Nutrition, and Wellness Studies, General](#)

### Related Areas

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

