

# EL 103: Ropes Courses and Climbing Basics Health, Exercise Sci & Recreation Mgmt

An introduction to low-rope adventure courses, high-rope adventure courses, and basic climbing techniques such as rappelling and team climbing. Pass/Fail grade

1 Credit

### **Instruction Type(s)**

• Lecture/Lab: Lecture/Lab for EL 103

## Course Fee(s) Applied Science

• \$50.00

### **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

