

Health and Physical Education, General • EL 100: Wilderness Living Techniques

- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
- EL 342: Master Diver
- EL 352: Coaching Football
- EL 353: Advanced Sports Conditioning
- EL 354: Coaching Basketball
- EL 355: Coaching Baseball-Softball
- EL 357: Coaching Volleyball
- EL 359: Coaching Track and Field
- EL 442: Dive Supervisor
- EL 453: Advanced Sports Conditioning
- ES 100: Introduction to Exercise Science
- ES 104: Sports in the Ancient World
- ES 319: Sport and Society
- ES 338: Neuroscience of Exercise
- ES 346: Kinesiology
- ES 347: Kinesiology Lab
- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory
- ES 350: Research Methods in HESRM
- ES 351: Measurement & Statistics in Exercise Sci
- ES 359: Exercise Testing and Prescription Labora
- ES 391: Trends & Topics in Exercise Science

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation





- ES 394: Therapeutic Exercise and Fitness
- ES 402: Found. of Health and Human Performance
- ES 440: Behavioral Aspects of Exercise
- ES 446: Biomechanics of Human Movement
- ES 456: Clinical Exercise Testing & Prescription
- ES 471: Mgmt. of Health, Fitness and Sport Progr
- ES 473: Practicum
- ES 490: Independent Study
- ES 493: Internship
- ES 515: Stress and the Brain
- ES 542: Sports Psychology
- ES 544: The American Woman in Sports
- ES 574: Selected Problems in Special Populations
- ES 603: Data Analytics Methodologies
- ES 608: Methods & Procedures of Graded Exercise
- ES 609: Motor Behavior
- ES 610: Internship in Exercise Science
- ES 611: Exercise Physiology I
- ES 613: Health Aspects of Physical Activity
- ES 614: Cardiovascular Physiology
- ES 615: Physiological Aspects of Aging
- ES 616: Exercise Physiology II
- ES 618: Advanced Muscle Physiology
- ES 620: Selected Topics in Exercise Science
- ES 625: Research Design and Evaluation
- ES 626: Statistical Analysis I
- ES 650: Seminar In Exercise Science
- ES 651: Advanced Individual Study
- ES 652: Advanced Individual Study
- ES 653: Independent Research
- ES 655: Problems in PE/Health Education
- ES 697: Thesis
- ES 750: Advanced Seminar in Exercise Science
- Edde 406: Intro Driver & Highway Safety Education
- Edde 407: Highway Safety & Driver Education
- Edde 408: Driver Simulation
- Edde 507: Safety Education
- Espr 797: Dissertation
- HP 303: Prevention & Care of Athletic Injuries
- HP 403: Advanced Athletic Training
- HP 506: Current Topics
- PH 191: Personal and Community Health
- PH 203: First Aid and CPR
- PH 312: Behavioral Aspects of Weight Mgmt
- PH 505: Health Program Planning
- PH 515: Motivational Interviewing
- PH 600: Foundations of Public Health
- PH 625: Research Design and Evaluation
- PH 635: Theories in Health
- PH 646: Epidemiology
- PH 651: Advanced Independent Study
- PH 653: Independent Research
- PH 697: Thesis

