

## Health, Exercise Sci & Recreation Mgmt

**Overview** 

## Academics & Admissions

**Programs** 

**Minors** 

**Courses** 

**Faculty** 

## Courses

- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- <u>EL 134: Kayaking</u>
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 148: Introduction to Pickleball
- EL 149: Introduction to Pickleball and Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifequarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning

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- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
- EL 342: Master Diver
- EL 352: Coaching Football
- EL 353: Advanced Sports Conditioning
- <u>EL 354: Coaching Basketball</u>
- EL 355: Coaching Baseball-Softball
- EL 357: Coaching Volleyball
- EL 359: Coaching Track and Field
- EL 442: Dive Supervisor
- EL 453: Advanced Sports Conditioning
- ES 100: Introduction to Exercise Science
- ES 104: Sports in the Ancient World
- ES 200: Principles of Personal Training
- ES 201: Exercise as Medicine
- ES 319: Sport and Society
- ES 338: Neuroscience of Exercise
- ES 344: Aging in the 21st Century
- ES 346: Kinesiology
- ES 347: Kinesiology Lab
- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory
- ES 350: Research Methods in HESRM
- ES 351: Measurement & Statistics in Exercise Sci
- ES 358: Exercise Testing and Prescription
- ES 359: Exercise Testing and Prescription Labora
- ES 391: Trends & Topics in Exercise Science
- ES 393: Experiential Learning
- ES 394: Therapeutic Exercise and Fitness
- ES 396: Allied Health Terminology
- ES 402: Found. of Health and Human Performance
- ES 440: Behavioral Aspects of Exercise
- ES 446: Biomechanics of Human Movement
- ES 452: Applied Sport Science
- ES 456: Clinical Exercise Testing & Prescription
- ES 458: Clinical Exercise Testing and Prescripti
- ES 471: Mgmt. of Health, Fitness and Sport Progr
- ES 473: Practicum
- ES 490: Independent Study
- ES 493: Internship
- ES 503: Data Analytics and Methodologies
- ES 511: Applied Statistics
- ES 514: Applied Electromyography
- ES 515: Stress and the Brain
- ES 542: Sports Psychology
- ES 544: The American Woman in Sports
- ES 574: Selected Problems in Special Populations
- ES 603: Data Analytics Methodologies
- ES 606: Ethics and Human Subjects Research
- ES 608: Methods & Procedures of Graded Exercise
- ES 609: Motor Behavior
- ES 610: Internship in Exercise Science
- ES 611: Exercise Physiology I
- ES 613: Health Aspects of Physical Activity
- ES 614: Cardiovascular Physiology
- ES 615: Physiological Aspects of Aging
- ES 616: Exercise Physiology II
- ES 618: Advanced Muscle Physiology
- ES 620: Selected Topics in Exercise Science

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https://hesrm.olemiss.edu/



- ES 625: Research Design and Evaluation
- ES 626: Statistical Analysis I
- ES 632: Advanced Structural Kinesiology
- ES 644: Control of Human Voluntary Movement
- ES 650: Seminar In Exercise Science
- ES 651: Advanced Individual Study
- ES 652: Advanced Individual Study
- ES 653: Independent Research
- ES 655: Problems in PE/Health Education
- ES 697: Thesis
- ES 750: Advanced Seminar in Exercise Science
- <u>Espr 797: Dissertation</u>
- HK 606: Ethics and Human Subjects Research
- HK 710: Meta-Analysis
- HK 711: Measurement Theory and Practice
- HK 750: Seminar in Health and Kinesiology
- HK 751: Advanced Independent Study
- HK 752: Advanced Independent Study
- HK 797: Dissertation
- HP 303: Prevention & Care of Athletic Injuries
- HP 403: Advanced Athletic Training
- HP 506: Current Topics
- PH 191: Personal and Community Health
- PH 195: Foundations of Public Health
- PH 203: First Aid and CPR
- PH 300: Environmental Health
- PH 305: Program Planning and Evaluation
- PH 307: Public Health Study USA
- PH 312: Behavioral Aspects of Weight Mgmt
- PH 317: Public Health Study Abroad
- PH 319: Global Health
- PH 352: Basic Epidemiology
- PH 391: Special Topics in Health
- PH 470: Practical Applications in Public Health
- PH 490: Independent Study
- PH 503: Data Analytics and Methodologies
- PH 505: Health Program Planning
- PH 511: Applied Statistics
- PH 515: Motivational Interviewing
- PH 528: Public Health Policy
- PH 555: Health Equity
- PH 595: Human Health and Illness
- PH 600: Foundations of Public Health
- PH 603: Data Analytics Methodologies
- PH 607: Public Health Study USA
- PH 610: Biostatistics for Public Health Practice
- PH 617: Public Health Study Abroad
- PH 620: Emerging Issues in Public Health
- PH 625: Research Design and Evaluation
- PH 626: Statistical Analysis I
- PH 635: Theories in Health
- PH 646: Epidemiology
- PH 651: Advanced Independent Study
- PH 652: Advanced Individual Study
- PH 653: Independent Research
- PH 665: Special Topics in Health Behavior
- PH 670: Applied Epidemiology
- PH 674: Chronic Disease Epidemiology
- PH 675: Advanced Theoretical Appl Hith Behavior
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- PH 680: Infectious Disease Epidemiology
- PH 685: Health Program Evaluation
- PH 697: Thesis
- PH 698: Public Health Practicum
- PH 699: Public Health Capstone
- <u>SA 511: Applied Statistics</u>
- SA 601: Measurement and Evaluation in Sport
- <u>SA 602: Predictive Analytics in Sport</u>
- <u>SA 603: Big Data Analytics and Data Management</u>
- SA 604: Quan and Qual Research Methods
- SA 605: Comm & Data Visualization in Sport
- <u>SA 611: Sport Business</u>
- SA 612: Sport Economic Analytics
- SA 613: Machine Learning in Sport
- SA 621: Data Analytics in Strength & Conditionin
- <u>SA 622: Phys Aspects of Sport Perform & Monitor</u>
- SA 623: Data Based Preven & Mgmt of Sport Injury
- SA 693: Sport Analytics Capstone
- SM 316: Christianity and Sport
- <u>SM 321: Special Topics in Sport Management</u>
- <u>SM 361: Study USA in Sport Management</u>
- <u>SM 362: Study Abroad in Sport Management</u>
- <u>SM 390: Experiential Learning in Sport Managemen</u>
- <u>SM 621: Sport Policy</u>
- <u>SM 623: Advanced Study USA in Sport Management</u>
- <u>SM 624: Advanced Study Abroad in Sport Managemen</u>
- <u>SM 627: Internship</u>
- <u>SM 640: Assessment & Evalua. of Sport Programs</u>
- <u>SM 651: Advanced Independent Study</u>
- <u>SM 652: Advanced Independent Study</u>
- <u>SM 660: Sport Marketing</u>
- <u>SM 671: Management in Sport Services</u>
- <u>SM 672: Business Practices in Sport</u>
- <u>SM 673: Sport Finance</u>
- SRA 194: Foundations of Sport Mgmt and Admin
- SRA 200: Recreation Program Leadership
- SRA 262: Therapeutic Recreation & Adaptive Sport
- SRA 270: The Business of Sport
- SRA 301: Planning & Evaluation in SRA
- SRA 302: Program Planning & Development
- SRA 311: Sport Marketing
- SRA 330: Sport Governance and Policy
- SRA 332: Outdoor Recreation
- SRA 370: Sports Economics and Finance
- SRA 371: Camp Leadership
- SRA 372: Procedures and Techniques in Therapeutic
- <u>SRA 375: Recreational Sports Programming</u>
- SRA 380: Current Issues in Travel & Tourism Mgmt.
- SRA 388: Assessment/Planning in Therapeutic Rec
- SRA 391: Practicum in Recreation Administration I
- SRA 392: Practicum in Rec. Administration II
- SRA 394: Therapeutic Exercise and Fitness
- SRA 401: Internship in Recreation Administration
- SRA 410: Senior Seminar: Professional Development
- SRA 425: Design and Maintenance of Facilities
- SRA 471: Admin. of Recreation Admin. Programs
- SRA 473: Supervision and Administration of Therap
- SRA 475: Legal Aspects of Sport and Recreation
- <u>SRA 490: Independent Study</u>

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- SRA 497: Cooperative Field Practicum
- <u>SRA 498: Cooperative Field Practicum</u>
- <u>SRA 499: Cooperative Field Practicum</u>
- SRA 503: Data Analytics and Methodologies
- <u>SRA 511: Applied Statistics</u>
- <u>SRA 574: Current Trends in Therapeutic Recreation</u>
- <u>SRA 580: Recreational Therapy for Older Adults</u>
- SRA 600: Issues & Trends in Recreation Admin. Pro
- <u>SRA 603</u>: Data Analytics Methodologies
- SRA 625: Research Design and Evaluation
- SRA 626: Statistical Analysis I
- SRA 628: Qualitative Inquiry
- <u>SRA 653: Independent Research</u>
- SRA 654: Directed Event Programming
- SRA 691: Prinicples & Practices of Leisure & Recr
- SRA 697: Thesis

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