

• Minor - Public Health

## Minor - Public Health Description

The public health minor at UM has been designed for students as an introduction to public health as a discipline. The coursework for the minor will build public health knowledge and skills for students interested in protecting and promoting the health of people and their communities. This minor is open to students in pre-professional health tracks (e.g., medicine, dentistry, nursing, physical therapy, occupational therapy, allied health), in fields that incorporate an overall health and wellness focus (e.g., nutrition, social work, communication sciences and disorders), or other disciplines that potentially intersect with the public health system.

## **Course Requirements**

The minor in public health consists of the following:

Required courses:

- PH 195 Foundations of Public Health (3)
- PH 352 Basic Epidemiology (3)
- PH 305 Program Planning and Evaluation (3)

## Choose at least three additional courses:

- PH 300 Environmental Health (3)
- PH 312 Behavioral Aspects of Weight Management (3)
- PH 319 Global Health (3)
- ES 350 Research Methods in HESRM (3)
- PH 391 Special Topics in Health (can be taken twice for credit) (3 or 6)
- PH 440 Behavioral Aspects of Physical Activity (3)
- PH 528 Public Health Policy (3)
- PH 555 Health Equity (3)
- IMC/Jour 585 Health Communication (3)
- PH 595 Human Health and Illness (3)

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