

# ES 618: Advanced Muscle Physiology Health, Exercise Sci & Recreation Mgmt

An in-depth study into human skeletal muscle structure and function with reference to exercise-induced plasticity, peak performance, age-related sarcopenia, and clinical pathologies.

3 Credits

## **Prerequisites**

- ES 348: Physiology of Exercise \$target.descriptions.MinimumGrade\$
- ES 611: Exercise Physiology | \$target.descriptions.MinimumGrade\$

### **Instruction Type(s)**

• Lecture: Lecture for ES 618

### **Subject Areas**

• Health and Physical Education, General

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management
- Sports Studies

