

ES 611: Exercise Physiology I Health, Exercise Sci & Recreation Mgmt

The effects of exercise on the function of the organic systems of the body.

3 Credits

Prerequisites

- ES 348: Physiology of Exercise \$target.descriptions.MinimumGrade\$
- ES 349: Physiology of Exercise Laboratory \$target.descriptions.MinimumGrade\$

Instruction Type(s)

• Lecture: Lecture for ES 611

Subject Areas

- Health and Physical Education, GeneralKinesiology and Exercise Science

Related Areas

- · Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

