

# ES 611: Exercise Physiology I Health, Exercise Sci & Recreation Mgmt

The effects of exercise on the function of the organic systems of the body. 3 Credits

## Prerequisites

- ES 348: Physiology of Exercise \$target.descriptions.MinimumGrade\$
- ES 349: Physiology of Exercise Laboratory \$target.descriptions.MinimumGrade\$

### Instruction Type(s)

Lecture: Lecture for ES 611

#### Subject Areas

- Health and Physical Education, General
  Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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