

## EL 105: Self Defense Activities Health, Exercise Sci & Recreation Mgmt

Pass/Fail grade

1 Credit Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 105

## Course Fee(s)

- Applied Science
- \$50.00

## Subject Areas

- Health and Physical Education, General
  Kinesiology and Exercise Science

## **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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