

# ES 611: Exercise Physiology I HEALTH, EXERCISE SCI & RECREATION MGMT

The effects of exercise on the function of the organic systems of the body. 3 Credits

### **Prerequisites**

- ES 348: Physiology of Exercise \$target.descriptions.MinimumGrade\$
- ES 349: Physiology of Exercise Laboratory \$target.descriptions.MinimumGrade\$

# Instruction Type(s)

Lecture: Lecture for ES 611

## Subject Areas

- Health and Physical Education, GeneralKinesiology and Exercise Science

#### **Related Areas**

- · Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

