

## Health and Physical Education, General • EL 100: Wilderness Living Techniques

- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Agua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
- EL 342: Master Diver
- EL 352: Coaching Football
- EL 353: Advanced Sports Conditioning
- EL 354: Coaching Basketball
- EL 355: Coaching Baseball-Softball
- EL 357: Coaching Volleyball
- EL 359: Coaching Track and Field
- EL 442: Dive Supervisor
- EL 453: Advanced Sports Conditioning
- ES 100: Introduction to Exercise Science
- ES 104: Sports in the Ancient World
- ES 319: Sport and Society
- ES 338: Motor Learning and Control
- ES 346: Kinesiology
- ES 347: Kinesiology Lab
- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory
- ES 350: Research Methods in HESRM
- ES 351: Measurement & Statistics in Exercise Sci
- ES 391: Trends & Topics in Exercise Science
- ES 394: Therapeutic Exercise and Fitness

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the



- ES 402: Exercise Leadership
- ES 440: Behavioral Aspects of Exercise
- ES 446: Biomechanics of Human Movement
- ES 447: Biomechanics Laboratory
- ES 456: Exercise Testing & Prescription
- ES 457: Exercise Testing & Prescription Lab
- ES 471: Mgmt. of Health, Fitness and Sport Progr
- ES 473: Practicum
- ES 490: Independent Study
- ES 493: Internship
- ES 512: Foundations of Biomechanics
- ES 515: Stress and the Brain
- ES 542: Sports Psychology
- ES 544: The American Woman in Sports
- ES 574: Selected Problems in Special Populations
- ES 603: Data Analytics Methodologies
- ES 608: Methods & Procedures of Graded Exercise
- ES 609: Motor Behavior
- ES 610: Internship in Exercise Science
- ES 611: Exercise Physiology I
- ES 612: Instrumentation & Analysis in Biomechani
- ES 613: Health Aspects of Physical Activity
- ES 614: Cardiovascular Physiology
- ES 615: Physiological Aspects of Aging
- ES 616: Exercise Physiology II
- ES 618: Advanced Muscle Physiology
- ES 620: Selected Topics in Exercise Science
- ES 625: Research Design and Evaluation
- ES 626: Statistical Analysis I
- ES 650: Seminar In Exercise Science
- ES 651: Advanced Individual Study
- ES 652: Advanced Individual Study
- ES 653: Independent Research
- ES 655: Problems in PE/Health Education
- ES 697: Thesis
- ES 750: Advanced Seminar in Exercise Science
- Edde 406: Intro Driver & Highway Safety Education
- Edde 407: Highway Safety & Driver Education
- Edde 408: Driver Simulation
- Edde 507: Safety Education
- Espr 797: Dissertation
- HP 191: Personal and Community Health
- HP 203: First Aid and CPR
- HP 303: Prevention & Care of Athletic Injuries
- HP 312: Behavioral Aspects of Weight Mgmt
- HP 403: Advanced Athletic Training
- HP 506: Current Topics
- HP 600: Foundations of Health Promotion
- HP 605: Health Promotion Planning
- HP 615: Personal Health Promotion
- HP 625: Research Design and Evaluation
- HP 627: Internship in Health Promotion
- HP 635: Theories in Health Promotion
- HP 645: Organization & Admin. of Health Promotio
- HP 646: Introduction to Epidemiology
- HP 651: Advanced Independent Study
- HP 653: Independent Research
- HP 697: Thesis



