

# NHM 515: Nutrition in Weight Mgmt & Eating Disord

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

#### **Prerequisites**

NHM 311: Nutrition \$target.descriptions.MinimumGrade\$

## Instruction Type(s)

Lecture: Lecture for NHM 515

### **Subject Areas**

Foods, Nutrition, and Wellness Studies, General

#### **Related Areas**

- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management

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