

ES 542: Sports Psychology HEALTH, EXERCISE SCI & RECREATION MGMT

Examination of motivation, personality, and other personal performance- related issues affecting sports.

3 Credits

Instruction Type(s)

• Lecture: Lecture for ES 542

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management



