

# EL 353: Advanced Sports Conditioning HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade

1 Credit

## Instruction Type(s) • Lecture/Lab: Lecture/Lab for EL 353

### Course Fee(s) Applied Science

• \$5.00

### Subject Areas

- Health and Physical Education, General Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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