

# ES 512: Foundations of Biomechanics HEALTH, EXERCISE SCI & RECREATION MGMT

Biomechanical bases of human movement, focusing on the mechanical interaction between the human body and the external environment. 3 Credits

## **Prerequisites**

- ES 446: Biomechanics of Human Movement \$target.descriptions.MinimumGrade\$
- ES 447: Biomechanics Laboratory \$target.descriptions.MinimumGrade\$

# Instruction Type(s)

• Lecture/Lab: Lecture/Lab for ES 512

## Subject Areas

- Health and Physical Education, GeneralKinesiology and Exercise Science

#### Related Areas

- · Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

