

## **EL 129: Body Contouring and Conditioning**

### [HEALTH, EXERCISE SCI & RECREATION MGMT](#)

Pass/Fail grade

1 Credit

#### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 129

#### **Course Fee(s)**

**Applied Science**

- \$5.00

#### **Subject Areas**

- [Leisure and Recreational Activities, General](#)
- [\\$target.label\\$](#)

