

EL 251: Advanced Weight Lifting

HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade

1 Credit

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 251

Course Fee(s)

Applied Science

- \$5.00

Subject Areas

- [Leisure and Recreational Activities, General](#)
- [\\$target.label\\$](#)

