

## ES 457: Exercise Testing & Prescription Lab

### HEALTH, EXERCISE SCI & RECREATION MGMT

Laboratory to accompany ES 456. Students dropping ES 457 must also drop ES 456.

1 Credit

#### Prerequisites

- Co-requisite: ES 358; Students dropping ES 358 must also drop ES 359
- Pre-Requisite: 24 Earned Hours

#### Corequisites

- [ES 456: Exercise Testing & Prescription](#)

#### One-way corequisites

- [ES 358: Exercise Testing and Prescription](#)

#### Instruction Type(s)

- Lab: Laboratory for ES 457

#### Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

#### Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Socio-Psychological Sports Studies](#)
- [Sport and Fitness Administration/Management](#)

