

# ES 457: Exercise Testing & Prescription Lab HEALTH, EXERCISE SCI & RECREATION MGMT Laboratory to accompany ES 456. Students dropping ES 457 must also drop ES 456.

1 Credit

#### **Prerequisites**

- Co-requisite: ES 358; Students dropping ES 358 must also drop ES 359
- Pre-Requisite: 24 Earned Hours

## Corequisites

• ES 456: Exercise Testing & Prescription

## One-way corequisites

• ES 358: Exercise Testing and Prescription

## Instruction Type(s)

· Lab: Laboratory for ES 457

#### Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

about the accreditation.

- · Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

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