

## **ES 457: Exercise Testing & Prescription Lab**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

Laboratory to accompany ES 456. Students dropping ES 457 must also drop ES 456.

1 Credit

#### **Prerequisites**

- Co-requisite: ES 358; Students dropping ES 358 must also drop ES 359
- Pre-Requisite: 24 Earned Hours

#### **Corequisites**

- [ES 456: Exercise Testing & Prescription](#)

#### **One-way corequisites**

- [ES 358: Exercise Testing and Prescription](#)

#### **Instruction Type(s)**

- Lab: Laboratory for ES 457

#### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

#### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Socio-Psychological Sports Studies](#)
- [Sport and Fitness Administration/Management](#)

