

# ES 490: Independent Study HEALTH, EXERCISE SCI & RECREATION MGMT

May be repeated for credit, up to 6 hours total. Only 3 hours may apply to professional studies.

1 - 3 Credits

#### **Prerequisites**

• Instructor Approval Required

## **Cross-listed Courses**

• PH 490: Independent Study

## **Instruction Type(s)**

- Indiv Based: Individual Based Study for ES 490
- Indiv Based: Study Abroad/ w Campus Meeting

### Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

